



“Do you know which eye is your dominant eye?”



ject, the open eye is the dominant one. And if that happens to be the eye farthest from the cup, your ability to roll the ball on the correct line of putt can improve with a little rotation, says biomechanist J.J. Rivet. Just remember that your eyes need to track on the plane that they were in at address. My rule is, if you can see the hole in your peripheral vision, there's no need to swivel. If you can't, track the ball with your eyes as it leaves the putterface.

Oh, and most important, keep your lower body as still as possible when you putt. Rivet, who has studied the putting strokes of countless players on the European Tour, says the best putters have the same weight distribution in their feet at address and impact. Even a 4-percent change can result in off-line contact and the wrong type of head movement.

—WITH RON KASPRISKE

LONG PUTT, LONG STROKE

► **Tour pro Rafa Cabrera-Bello, who you see swiveling his head (below), is a player I often work with on putting—especially the longer ones because he sometimes has a tendency to hit them with a short backswing and too much effort. It's hard to control distance that way. Instead, you should match the distance of your backswing to the length of the putt. Let the weight of the putter get the ball to the hole. Long putt equals long backswing.**



Want to Take a Peek?

Head movement when putting isn't always bad

HOW MANY TIMES have you missed a makable putt only to be admonished by a playing partner—or your inner voice—that you looked up too soon to watch the ball go in? Keeping your head down and still when you

putt is one of the first things any new golfer learns. But is it always great advice? Science says maybe not.

If your dominant eye isn't closest to the hole, it can help with accuracy if you let your head swivel a little and track the ball down the putting line. As they say: “Feel it through your eyes.”

To determine your dominant eye, hold your thumb up in front of a small object roughly 10 feet away. If you close one eye and your thumb blocks your vision of that ob-

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